1. The Octave

The **octave** is a fundamental musical *interval*. It's the difference in *pitch* between a note of a given *frequency* and a note at twice that frequency.





The musical system subdivides the octave into twelve equal parts, called *semitones*; or six equal parts, called *tones*.



2. The Scale

A **scale** is a sequence of notes arranged in order of pitch that span an octave. The most common scale is arranged like so:



The major scale is a sequence of intervals **T-T-S-T-T-T-S**. Starting, for example, on the note C, it would look like this—notice the semitone between E & F, and between B & C:



3. Sharps & Flats

If you start on a different note, it's always necessary to alter the pitch of some notes to fit into the **T-T-S-T-T-T-S** sequence. Sharpen the note (#) to raise it a semitone:



Every major scale requires a different number of sharps or flats to make it fit the **T-T-S-T-T-T-S** sequence.

This diagram is known as the *Circle of Fifths*. It shows the number of sharps or flats in each key:



3.

4. Triads

C Major Triads Fifth G D F Third F G С D Root D G A B Bm[♭]5 С Dm Em F G Am VII Π Ш IV V VI I

Simple chords are built using **triads**. These are three-note chords built in *thirds*:

Because the notes combine in different ways, using larger *major* thirds and smaller *minor* thirds, the chords don't all sound the same.

Chord I is major; II & III are minor; the IV & V are major; VI is minor; and VII, made of two minor thirds, is minor, with a flattened fifth.



Many chord sequences just use $I,\,IV$ and V.

For example: In G—G, C and D. In A—A, D and E. In E^{\flat} — E^{\flat} , A^{\flat} and B^{\flat} . In B—B, E and F^{\sharp} .

Look at the **circle of fifths** diagram on page 2. Find chord I for any key. IV is one step counter-clockwise; V is one step clockwise.

5. Sevenths

Adding another third on top of the triads creates chords with **sevenths**. There are two types:

Where the seventh is 10 semitones from the root (a tone short of an octave), it's known as a *flattened seventh*, written as **7**.

Where the seventh is 11 semitones from the root (just a semitone short of an octave, as in a major scale), it's known as a *major seventh*, written as **maj7**.



I and IV both have **maj7**. All the minor chords (II, III and VI) have **7**. V is unique. It is the only major chord with **7**.

Take a look at the distance between the third and seventh in chord V. It is six semitones, or three tones—exactly half an octave, also known as a *tritone*. This interval is very dissonant.

When this chord is played, it creates a tension, which our ears want to resolve. This is usually achieved by following ${\bf V}$ with ${\bf I}.$





5.

6. Creating Simple Chord Sequences

The tension-and-resolution process seen in V-I provides motion in a simple chord progression. It creates a sense of destination, marking chord I as the 'home' chord.

Even if you don't put sevenths on the other chords of the key, get used to playing ${\bf V}$ with a ${\bf 7}.$

Here's a sample chord sequence, using just the chords from one key, that uses $V\!\!\cdot\!I$ to give structure to the sequence:



7. More With Chord V: Secondary Dominants

The power of chord V to create a sense of destination is very useful in structuring a chord sequence. Look again at the *circle of fifths* diagram on page 2, and see how the circle moves from V to I in a counter-clockwise direction.

You can harness the power of V-I by choosing different chords as the destination. Create 'local' V-Is by treating any chord as temporary chord I, approaching it by it's own V. Remember, V is always a major chord with a flattened seventh.

In the progression below, the chord in bar 3 (F) is approached by its own V chord, C7. The chord in bar 7 (G7) is also approached by its own V chord, D7.



These extra \boldsymbol{V} chords that lead to chords within the key are known as $\boldsymbol{secondary}\ \boldsymbol{dominants}.$

6.

8. Circle-of-Fifths Progressions

Secondary dominants are effective, but they can sound clunky. Whenever you use a secondary dominant, you're using notes that are outside the original key. You can acheive a similar effect by using the equivalent chord within the key.

In the previous example, a secondary dominant was used to lead to the chord in bar 7, which then resolved to chord one:



We can replace D7 with a equivalent chord within the key, which is Dm7. This creates a smoother sound.



Notice how these three final chords, Dm7-G7-C follow the circle of fifths (page 2). We can refer to them as as II-V-I.

In fact you can use any number of chords within a key in a circle-of-fifths sequence.

If you put all of them in, you'd have VII-III-VI-II-V-I-IV. It's very uncommon to see all of the chords in a key arranged in this way, but you very often see segments, like this:



The sequence shown above, VI-II-V-I, is the most common chord progression in popular music. Notice how the music begins with I; then the sequence starts, ending as the music repeats to the beginning again.

This is how VI-II-V-I is usually used, with I placed at the start of a new section, so it's generally called a I-VI-II-V progression.

9. Using 'Local' II-V-Is

We can extend the idea of secondary dominants (page 5) by creating secondary II-V progressions within a standard chord sequence.

Here's the first sequence we looked at.



Let's target the chords in bar 3 (F) and bar 7 (G7) with their own II-V:



Using II-Vs is very common in pop ballads, jazz and Latin styles. It's very useful for changing key. Begin a new section with chord I of the new key, and approach it at the end of the previous section with II-V of the new key.



7.

10. Chords in Minor Keys

Modify II-V in minor keys like so: II has a flattened fifth (b5); and V has an optional flattened ninth (b9). With these alterations, the II-V targets a minor chord I more convincingly.

Here's a sample progression in A minor:



Notice also that ${\rm IV}$ is minor—this is common in minor keys, but sometimes you'll see major ${\rm IV}$ in minor keys.

In certain styles, ${\bf V}$ is often preceded by a similar chord a semitone higher. This can create an effective bluesy sound:



11. Minor Modes

In modal writing, minor keys just use chords borrowed from the relative major key.

The minor key is said to be the *relative minor* of the major key, located on the sixth step of the major scale:

C major → A minor; G major → E minor; B^{\flat} major → G minor, etc.

This example is in A minor, but uses chords from C major. The placing of the chords creates the belief that Am is I.

Avoid using G7, as this will immediately put the music into C major. Play G without a 7. Notice also that in modal minor playing, V is minor (in this case, Em). Therefore V-I doesn't function as it does in major keys. The chord of G (\flat VII) takes over this function.



8.